Life Vitality Assoc. Ride #9 A 25.1 km (15.6 Miles) @ km Go CF2 (28.3'/m) +442 ft Dist 0.0 N exit Parking Lot North 0.1 **0.1 L** 左 Parking Lot West 0.0 0.1 R 右 Parking Lot North 0.2 0.3 R 右 CAMPUS 2.2 2.5 R 右 UNIVERSITY 0.1 San Diego Creek Trl bike path 2.2 2.6 JR 4.8 °L 左 Jamboree side-path 0.3 Bayview side-path 0.6 5.1 FL 5.7 to Bayview Trail bike path 3.2 8.9 to Bike Path 0.1 Irvine Avenue sidewalk 0.0 9.0 BL 9.0 L 左 Santiago Drive sidewalk 0.0 SANTIAGO @ driveway 9.0 JR 0.2 9.2 L 左 GALAXY 2.2 11.4 L 左 SANTIAGO 0.0 11.4 FL **POLARIS** 0.7 12.1 R 右 | bike path 0.0 12.1 L 左 bike path 0.1 12.2 to Scenic Overlook 0.1 12.3 to bike path along bluff 1.0 13.3 BL STEEP DOWNHILL 2.8 7.5 ĸ 13.5 BL Dover sidewalk 13.8 BL bike path UNDER Coast Hway 0.2 ĸ 14.0 R石 to Coast Highway 0.0 14.0 R石 COAST HWAY (or sidewalk) 0.6 14.6 R 右 Driveway at Starbucks 0.1 Regroup - Exit lot West 14.7 R石 BAYSIDE 0.5 15.2 to enter Newport Dunes Resort 0.4 15.6 to foot bridge over water 0.2 15.8 BR side-path along parking lot 0.2 16.0 L 左 to parking lot 0.0 16.0 L左 parking lot 0.0 16.0 R石 parking lot 0.0 sidewalk past gate 16.0 BL 0.1 16.1 L左 BACK BAY 4.9 21.0 L左 Eastbluff sidewalk 0.5 Jamboree sidewalk 21.5 L左 0.6 San Diego Creek Tr bike path 2.6 21.5 BL 24.1 #R右 Exit up to CAMPUS 0.1 24.2 R 右 CAMPUS (or sidewalk) 0.1 24.3 R右 RIPARIAN 0.8 25.1 L 左 San Joaquin Marsh 0.0 25.1 L 左 Duck Club parking lot 0.0 **Explore Marsh with Audubon**

Party & Dinner at Duck Club https://ridewithgps.com/routes/45498988

| Life | Vitality Assoc. Ride #9 B | |
|---------|---------------------------|---|
| | 3.1 Km (1.9 Miles) | |
| @ km Go | CF2 (27.3'/m) +52 ft | |
| 0007 | avit a aution lat | Т |

| | <u>@ km</u> | | CF2 (27.3'/m) +52 ft | Dist |
|----------|-------------|-----|---------------------------------|------|
| | 0.0 | R右 | exit parking lot | 0.1 |
| | 0.1 | R右 | RIPARIAN | 0.7 |
| | | | CAMPUS | 2.0 |
| ← | 2.8 | *L左 | VON KARMAN | 0.2 |
| | 3.0 | R石 | Hotel parking lot back to start | 0.1 |

https://ridewithgps.com/routes/45497983

| | | Life | Vitality Assoc. Ride #9 A | |
|------------|------------|------|-------------------------------|--------------|
| | ٠. | _ | 15.6 Miles | D : 4 |
| | @ km | | CF2 (28.3'/m) +442 ft | Dist |
| | 0.0 | | exit Parking Lot North | 0.1 |
| + | | 上左 | Parking Lot West | 0.0 |
| | 0.1 | R右 | Parking Lot North | 0.2 |
| | | R右 | CAMPUS | 2.2 |
| A | | R右 | UNIVERSITY | 0.1 |
| ᡗᠹᠿ | 2.6 | | San Diego Creek Trl bike path | 2.2 |
| <u> </u> | | °L左 | Jamboree side-path | 0.3 |
| راح | 5.1 | | Bayview side-path | 0.6 |
| | 5.7 | | Bayview Trail bike path | 3.2 |
| | 8.9 | | Bike Path | 0.1 |
| 1 | | BL | Irvine Avenue sidewalk | 0.0 |
| 4 | | L左 | Santiago Drive sidewalk | 0.0 |
| ۲ | 9.0 | | SANTIAGO @ driveway | 0.2 |
| △↑↑↓ | | L左 | GALAXY | 2.2 |
| 4 | | L 左 | SANTIAGO | 0.0 |
| | 11.4 | | POLARIS | 0.7 |
| | | R右 | bike path | 0.0 |
| + | | L 左 | bike path | 0.1 |
| | 12.2 | | Scenic Overlook | 0.1 |
| | 12.3 | | bike path along bluff | 1.0 |
| ~ | 13.3 | | STEEP DOWNHILL | 2.8 |
| ~ | 13.5 | | Dover sidewalk | 7.5 |
| K | 13.8 | BL | bike path UNDER Coast Hway | 0.2 |
| | 14.0 | R | to Coast Highway | 0.0 |
| | 14.0 | | COAST HWAY (or sidewalk) | 0.6 |
| | 14.6 | R石 | Driveway at Starbucks | 0.1 |
| \Box | 7 0 | | Regroup - Exit lot West | |
| | 14.7 | R右 | BAYSIDE | 0.5 |
| | 15.2 | to | enter Newport Dunes Resort | 0.4 |
| | 15.6 | to | foot bridge over water | 0.2 |
| 7 | 15.8 | | side-path along parking lot | 0.2 |
| + | 16.0 | L左 | to parking lot | 0.0 |
| ← | | L左 | parking lot | 0.0 |
| | 16.0 | R右 | parking lot | 0.0 |
| ~ | 16.0 | BL | sidewalk past gate | 0.1 |
| + | 16.1 | L左 | BACK BAY | 4.9 |
| + | 21.0 | L左 | Eastbluff sidewalk | 0.5 |
| + | 21.5 | L左 | Jamboree sidewalk | 0.6 |
| 4 | 21.5 | BL | San Diego Creek Tr bike path | 2.6 |
| K | 24.1 | | Exit up to CAMPUS | 0.1 |
| | 24.2 | | CAMPUS (or sidewalk) | 0.1 |
| | 24.3 | R右 | RIPARIAN | 0.8 |
| $\sqrt{2}$ | | L 左 | San Joaquin Marsh | 0.0 |
| | 25.4 | + | Duals Club naulsing lat | 0.0 |

Explore Marsh with Audubon Party & Dinner at Duck Club

0.0

https://ridewithgps.com/routes/45498988

25.1 L 左 Duck Club parking lot

| | Life Vitality Assoc. Ride #9 B | | | | | |
|----------|--------------------------------|-----|---------------------------------|------|--|--|
| | 3.1 Km (1.9 Miles) | | | | | |
| | @ km | Go | CF2 (27.3'/m) +52 ft | Dist | | |
| | 0.0 | R右 | exit parking lot | 0.1 | | |
| | 0.1 | | RIPARIAN | 0.7 | | |
| | 0.8 | R石 | CAMPUS | 2.0 | | |
| + | 2.8 | *L左 | VON KARMAN | 0.2 | | |
| | 3.0 | R右 | Hotel parking lot back to start | 0.1 | | |

https://ridewithgps.com/routes/45497983