

**SUNDAY SOCIAL - MEDIUM**

**@ 34 Miles**

**Dir Miles 950' CLIMB Dist**

R	0.0	IRVINE CENTER DR	1.0
L	1.0	HARVARD	3.9
R	4.9	UNIVERSITY	2.2
R	7.1	BACK BAY DRIVE	3.3
R	10.4	Bike Trail past Dunes Entrance	0.7
L	11.1	BAYSIDE	2.6
L	13.7	MARGUERITE	0.0
R	13.7	PCH	5.3
R	19.0	CLIFF DR	0.9
L	19.9	PCH	0.4
R	20.3	BOAT CANYON	0.1

**FOOD / REST STOP  
STARBUCKS / PAVILIONS  
BOAT CANYON & PCH  
LAGUNA BEACH**

**return to Deerfield Park**

L	20.4	BOAT CANYON	0.1
L	20.5	PCH	0.8
L	21.3	BROADWAY / LAGUNA CANYON	7.7
L	29.0	OLD LAGUNA CYN	1.9
L	30.9	IRVINE CENTER DR	2.5
R	33.4	DEERWOOD	0.1

**QUESTIONS / COMMENTS  
RIDECOORD@BIKEIRVINE.ORG  
SUN18M1**

**SUNDAY SOCIAL - LONG**

**@ 38 Miles**

**Dir Miles HILLY Dist**

L	0.0	IRVINE CENTER DR / MOULTON	9.5
R	9.5	ALICIA	4.0
L	13.5	NIGUEL	4.3
R	17.8	PCH	4.9

**( NEXT: 2nd Right past DIAMOND )**

R	22.7	PEARL	0.1
L	22.8	GLENNEYRE	1.2
R	24.0	FOREST	0.1
L	24.1	FOREST	0.1
L	24.2	BROADWAY	0.3
R	24.5	PCH	0.6
R	25.1	BOAT CANYON	0.1

**FOOD / REST STOP  
STARBUCKS / PAVILIONS  
BOAT CANYON & PCH  
LAGUNA BEACH**

**return to Deerfield Park**

L	25.2	BOAT CANYON	0.1
L	25.3	PCH	0.8
L	26.1	BROADWAY / LAGUNA CANYON	7.7
L	33.8	OLD LAGUNA CYN	1.9
L	35.7	IRVINE CENTER DR	2.5
R	38.2	DEERWOOD	0.1

**QUESTIONS / COMMENTS  
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SUN18L1**

**SUNDAY SOCIAL - LONG PLUS**

**@ 45 Miles**

**Dir Miles HILLY Dist**

<b>L</b>	<b>0.0</b>	<b>IRVINE CENTER DR / MOULTON</b>	<b>9.5</b>
<b>R</b>	<b>9.5</b>	<b>ALICIA</b>	<b>4.0</b>
<b>L</b>	<b>13.5</b>	<b>NIGUEL</b>	<b>4.3</b>
<b>R</b>	<b>17.8</b>	<b>PCH</b>	<b>4.9</b>

**NEXT: 2nd Right past DIAMOND**

<b>R</b>	<b>22.7</b>	<b>PEARL</b>	<b>0.1</b>
<b>L</b>	<b>22.8</b>	<b>GLENNEYRE</b>	<b>1.2</b>
<b>R</b>	<b>24.0</b>	<b>FOREST</b>	<b>0.1</b>
<b>L</b>	<b>24.1</b>	<b>FOREST</b>	<b>0.1</b>
<b>L</b>	<b>24.2</b>	<b>BROADWAY</b>	<b>0.3</b>
<b>R</b>	<b>24.5</b>	<b>PCH</b>	<b>0.6</b>
<b>R</b>	<b>25.1</b>	<b>BOAT CANYON</b>	<b>0.1</b>

**FOOD / REST STOP  
STARBUCKS / PAVILIONS  
BOAT CANYON & PCH  
LAGUNA BEACH**

**return to Deerfield Park**

<b>R</b>	<b>25.2</b>	<b>PCH</b>	<b>8.5</b>
<b>R</b>	<b>33.7</b>	<b>DOVER</b>	<b>1.4</b>
<b>R</b>	<b>35.1</b>	<b>IRVINE / CAMPUS</b>	<b>3.9</b>
<b>L</b>	<b>39.0</b>	<b>VON KARMON</b>	<b>2.5</b>
<b>R</b>	<b>41.5</b>	<b>BARRANCA</b>	<b>1.0</b>
<b>L</b>	<b>42.5</b>	<b>HARVARD</b>	<b>1.3</b>
<b>R</b>	<b>43.8</b>	<b>IRVINE CENTER DR</b>	<b>1.0</b>
<b>L</b>	<b>44.8</b>	<b>DEERWOOD</b>	<b>0.1</b>

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