

**SUNDAY SOCIAL - MEDIUM**

**@ 31 Miles**

**Dir Miles 1230' CLIMB Dist**

L	0.0	DEERWOOD	0.7
R	0.7	DEERCREEK	0.0
R	0.7	DEERFIELD	0.1
L	0.8	YALE	1.1
R	1.9	ROOSEVELT	0.8
L	2.7	JEFFREY	2.2
R	4.9	PORTOLA	1.1
R	6.0	SAND CANYON	0.5
L	6.5	IRVINE BL	3.8
R	10.3	BAKE	0.4
L	10.7	TOLEDO	1.3
R	12.0	RIDGE ROUTE	0.5
L	12.5	JERONIMO	1.0
R	13.5	LOS ALISOS	1.7
L	15.2	PASEO DE VALENCIA	0.9
R	16.1	ALICIA	1.7
L	17.8	PACIFIC PARK	0.1

**FOOD / REST STOP  
STARBUCKS COFFEE  
Corner ALICIA & PACIFIC PARK  
LAGUNA NIGUEL**

**return to Deerfield Park**

R	17.9	PACIFIC PARK	0.5
L	18.4	MOULTON	1.5
R	19.9	LAGUNA HILLS	0.7
L	20.6	PASEO DE VALENCIA	0.6
R	21.2	LOS ALISOS	1.7
L	22.9	MUIRLANDS / BARRANCA	3.2
L	26.1	SAND CANYON	0.2
R	26.3	ALTON	2.4
R	28.7	EAST YALE LOOP	1.2
R	29.9	YALE	0.2
L	30.1	IRVINE CENTER DR	0.4
R	30.5	DEERWOOD	0.1

**QUESTIONS / COMMENTS  
RIDECOORD@BIKEIRVINE.ORG  
SUN05M2**

**SUNDAY SOCIAL - LONG**

**@ 41 Miles**

<b>Dir</b>	<b>Miles</b>	<b>HILLY</b>	<b>Dist</b>
L	0.0	DEERWOOD	0.7
R	0.7	DEERCREEK	0.0
R	0.7	DEERFIELD	0.1
L	0.8	YALE	1.1
R	1.9	ROOSEVELT	0.8
L	2.7	JEFFREY	2.2
R	4.9	PORTOLA	1.1
R	6.0	SAND CANYON	0.5
L	6.5	IRVINE BL	3.8
R	10.3	BAKE	0.4
L	10.7	TOLEDO	1.3
R	12.0	RIDGE ROUTE	0.5
L	12.5	JERONIMO	1.0
R	13.5	LOS ALISOS	1.7
L	15.2	PASEO DE VALENCIA	0.9
R	16.1	ALICIA	1.7
L	17.8	PACIFIC PARK	0.1

**FOOD / REST STOP**  
**STARBUCKS COFFEE**  
**Corner ALICIA & PACIFIC PARK**  
**LAGUNA NIGUEL**

**return to Deerfield Park**

R	17.9	PACIFIC PARK	0.5
L	18.4	MOULTON	1.5
R	19.9	LAGUNA HILLS	0.7
L	20.6	PASEO DE VALENCIA	0.6
R	21.2	LOS ALISOS	5.1
L	26.3	SANTA MARGARITA / PORTOLA	2.1
L	28.4	BAKE	4.3
R	32.7	MUIRLANDS / BARRANCA	4.0
L	36.7	SAND CANYON	0.4
R	37.1	ALTON	2.4
R	39.5	EAST YALE LOOP	1.2
R	40.7	YALE	0.2
L	40.9	IRVINE CENTER DR	0.4
R	41.3	DEERWOOD	0.1

**QUESTIONS / COMMENTS**  
**RIDECOORD@BIKEIRVINE.ORG**  
**SUN05L2**