

FRIDAY MORNING

@

19 Miles

Dir Miles

HILLY

Dist

| | | | |
|----------|-------------|-----------------------------------|------------|
| L | 0.0 | IRVINE CENTER DR | 2.5 |
| R | 2.5 | LAGUNA CANYON | 1.6 |
| R | 4.1 | QUAIL HILL PKWY | 1.0 |
| L | 5.1 | SHADY CANYON | 0.2 |
| R | 5.3 | Bike Trail | 2.1 |
| R | 7.4 | BONITA CANYON | 1.5 |
| L | 8.9 | CULVER / BONITA CANYON | 2.2 |
| R | 11.1 | MacARTHUR BLVD | 0.5 |
| R | 11.6 | BISON | 0.5 |

FOOD / REST STOP

PANERA BREAD

MacArthur & Bison, Newport Beach

RETURN TO DEERFIELD PARK

| | | | |
|----------|-------------|-------------------------|------------|
| L | 12.1 | BISON (east) | 0.4 |
| L | 12.5 | CALIFORNIA | 0.8 |
| R | 13.3 | UNIVERSITY | 1.0 |
| L | 14.3 | HARVARD | 3.9 |
| R | 18.2 | IRVINE CENTER DR | 1.0 |
| L | 19.2 | DEERWOOD | 0.1 |

QUESTIONS / COMMENTS

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